



SHAPE America and the American Heart Association collaborate on the Jump Rope For Heart and Hoops For Heart programs.

You're Invited to Help Save Lives!

This year students at the Mike Clemens Center for Adaptive Learning will have an opportunity to take part in the American Heart Association's Jump Rope for Heart. Jump Rope for Heart is an annual fundraising event that raises money for the American Heart Association. Our event will include jump rope and other jumping stations for students to show off some of the skills they have been working on. Parents and families are welcome to attend during their child's event.

WHO: All students and families at the Mike Clemens Center.

WHAT: Jump Rope for Heart Event - An opportunity to show off jump rope and jumping skills.

WHEN: March 9th: Parents are welcome to come watch and participate in our jump rope event with their student(s).

Mrs. Megans Class: 10:00 am - 10:40 am

Mr. Derrik's Class: 10:00 am - 10:40 am

Mrs. Jill's Class: 9:10 am - 9:50 am

Middle School: 9:10 am - 9:50 am

WHY: To Raise money for the American Heart Association and earn AWESOME prizes at the sametime. The donations our school raises will help fund lifesaving research, medicines, and treatments for heart disease and stroke.

Please return donation envelopes by: Wednesday, March 8th.

It's fun, quick and EASY!! Please make checks payable to the
American Heart Association

Sincerely,

Coach Mike

mkelly@fz.k12.mo.us